

In 2016, more than 60% of people 18-25 years old obtained prescription pain medications for non-medical use from family members or friends.



## Do's and Don'ts of Safe Storage

**DO** lock up medicines that are at risk for being abused

**DO** store medicines in original containers

**DO** keep track of how many pills you have during treatment

**DON'T** leave medicines in places that are easily accessible for children

**DON'T** share medicine with someone for whom it was not intended

**DON'T** leave medicines in plain sight or in places that aren't secure

Source: **Get Relief Responsibly**

For more tips on safe storage, visit:

<http://www.getreliefresponsibly.com/safety-in-the-home>

Centers for Disease Control and Prevention

<https://www.cdc.gov/features/medicationstorage/index.html>



**Need Help?**  
**1.833.2FINDHELP**  
**helplineil.org**

